





## The big picture

Nationwide

## RIDES OF WAY

'RIDES OF WAY: Cycling UK's Off-Road Report 2017' was launched in February. The report found:

- 91% rate off-road cycling as fairly or very important for their mental health, and 90% for their physical health
- Two thirds cycle straight from their front door to ride on rights of way
- 74% consider current rights of way legislation unsuitable

Paul Tuohy said: 'Our Rides of Way report shows people are frustrated by a system that could be more accessible. There is so much we can do to make off-road riding easier without creating conflict. That will be our goal as we launch our off-road campaign this spring.'

You can download a copy of the report here: [bit.ly/cyclinguk-ridesofway](http://bit.ly/cyclinguk-ridesofway).