

# GROUP DYNAMICS

CTC Member Groups organise hundreds of rides every week. What are they like and who goes on them? Groups Coordinator **Julie Rand** conducted a survey



MEMBER GROUPS ARE EVERYWHERE

There are **107** active formal Member Groups and **57** informal Member Groups. Go online to [ctc.org.uk/local-groups](http://ctc.org.uk/local-groups) to find your nearest CTC Member Group or CTC affiliate.



AGE DOES NOT WEARY YOU

**52**  
YEARS OF AGE

**52** is the average age of riders in Member Groups. It's **51** for easy rides, but **55** for moderate and hard rides, so older cyclists ride further. Off-road riders are the youngest: average age **48**.

**262** RIDES EVERY WEEK

**13,613**

MEMBER GROUP RIDES EACH YEAR

**12** AVERAGE NUMBER OF CYCLISTS PER RIDE

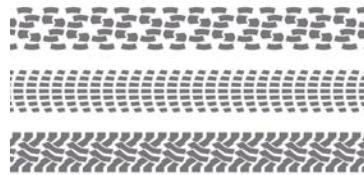
**163,356**

INDIVIDUAL RIDES BY PARTICIPANTS ON MEMBER GROUP EVENTS

OFF-ROAD RIDES ARE SIGNIFICANT

**30%**

**30%** OF MEMBER GROUPS ORGANISE OFF-ROAD RIDES, WITH AN AVERAGE OF **13** PEOPLE PER RIDE. OVERALL, **351** OFF-ROAD RIDES WERE ORGANISED.



HOW FAR GROUPS RIDE

**75%**

ORGANISE EASY RIDES (UNDER 30 MILES)

**94%**

ORGANISE MODERATE RIDES (30-50 MILES)

**84%**

ORGANISE HARD RIDES (50+ MILES)



OTHER HIGHLIGHTS

**24** LEADERS WERE TRAINED IN FIRST AID BY NORTH BIRMINGHAM

**+++**

**28** MEMBERS OF UXBRIDGE LOITERERS WENT ON A WEEK-LONG HOLIDAY

**300k** HIGHLAND ORGANISED A 300K AUDAX



**CTC Club Shorts** Club Shorts is CTC's free monthly e-newsletter for Member Group volunteers, compiled by Julie Rand. If you would like to subscribe, please email your membership number and request to [clubshorts@ctc.org.uk](mailto:clubshorts@ctc.org.uk)



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