



## FROM THE EDITOR

Walking to work is normal. Running to work is weird: how could you not arrive exhausted and sweaty? Some people do it all the same, because they like it, it's good for their fitness, and it's free. But the average commuter is not going to run to work however good you tell them it is. Not ever. What's that got to do with cycling? In the eyes of many of our non-cycling colleagues, we're grouped with the runners: fitness fanatics.

Flick through the cycling media or visit certain bikeshops and it's not hard to see why. A fixed-wheel track bike with paper-thin clearances and no accessories is an ideal commuting bike? A budget racing bike would be just the thing for scorching across town? They're not *bad* choices; they're the choices of fitness fanatics.

I know: I am one too. I've ridden 15 miles each way to work and it was definitely more pleasant in full cycling kit, riding an efficient road bike. Most people aren't going to cycle 15 miles to work. Not ever.

For them, and the handful of miles they might consider riding, a different bike is required. A hybrid or a roadster, perhaps, or a folding bike that could do just the last leg of a longer journey. A bike on which you can 'walk', not 'run'.

**Dan Joyce**



Far left: Steve Behr/Stockfile. Above: Chris Bell

# CONTENTS

## 22 Long haul tour

2,500-mile trip from Greece back to Wales

## 30 A century and moor

The Ron Kitching Challenge & Sportive

## 34 Pedalling around Paris

Exploring the French capital on a hire bike

## 39 Ride and park

Cycling parking specialists Cycle-Works

### Cover feature

## 42 Get to work

Encouraging co-workers to ride bikes

## 48 Nobody gets left behind

How not to lose anyone off-road

## 54 Compact folders

Brompton and Mezzo head to head

## 60 & 62 More bike tests

Cannondale road bike and Spa taurer

## Regulars

04 **CTC Shop**

06 **News**

13 **Events news**

17 **Your letters**

20 **CTC & me**

28 **Holiday guide**

50 **Cycling answers**

66 **Group test**

68 **Gear reviews**

72 **CTC member benefits**

76 **What's on**

80 **CTC contacts**

81 **CTC Prize Draw**

82 **Travellers' Tales**

83 **CTC Cycling Holidays**

GET FIVE YEARS  
CTC MEMBERSHIP  
FOR THE PRICE  
OF FOUR.  
Details on p72

**Cycle** is the magazine of CTC – the UK's national cyclists' organisation. The magazine promotes the work of CTC and the CTC Charitable Trust (Registered Charity No. 1104324). Formed in 1878, CTC is the UK's largest cycling membership organisation with 70,000 members and affiliates. To join CTC, turn to page 76 and contact the Membership Dept. **CTC, Parklands, Railton Road, Guildford, GU2 9JX** Tel: 0844 736 8450 Fax: 0844 736 8454 Email: [cycling@ctc.org.uk](mailto:cycling@ctc.org.uk) Website: [www.ctc.org.uk](http://www.ctc.org.uk)

**CTC Patron:** Her Majesty the Queen  
**President:** Jon Snow  
**CTC Council Chair:** David Cox  
**Chief Executive:** Kevin Mayne  
CTC (Cyclists' Touring Club) is a company limited by guarantee registered in England No. 25185

**Cycle Magazine**  
**Editor:** Dan Joyce  
email: [editor@ctc.org.uk](mailto:editor@ctc.org.uk)  
**Designer:** Gemma Hancock  
**Advertising:** Vanya Palczewski, tel: 020 7878 2347, email: [Vanya.Palczewski@tenalps.com](mailto:Vanya.Palczewski@tenalps.com)  
**Creative Director:** James Houston  
**Publisher:** James Pembroke  
Cycle is published six times per year on behalf of CTC by James Pembroke Publishing, 90 Walcot Street, Bath, BA1 5BG. Tel: 01225 337777. Cycle is copyright CTC, James Pembroke Publishing and individual contributors. Reproduction in whole or in part without permission from CTC and James Pembroke Publishing is forbidden. Views expressed in the magazine are those of the individual contributors and do not necessarily reflect those of the editor or the policies of CTC. Advertising bookings are subject to availability, the terms and conditions of Ten Alps PLC and final approval by CTC. Printed by St Ives (Plymouth) Ltd, Eastern Wood Road, Plympton, Plymouth, PL7 5ET. Tel: 01752 349431

**Cover:** staged shot of commuters at Famborough business park, by Steve Behr/Stockfile